



# parent time



## Individual Counselling for Parents

### **Confused? Bewildered? Angry? Don't know where to turn to next?**

Talking things through with someone who will listen without telling you what to do can be an enormous relief and help you to find your way through your problems.

Parent Time is a free, professional counselling service offering you the opportunity to come and talk in confidence to one of our counselling practitioners.

**Next step:** If you have a child who attends an East Guildford Confederation school and would like to talk to a counsellor, you can phone Parent Time on: **0787 521 3673** or contact your Home-School Link Worker.

Member Schools: Boxgrove Primary, Burpham Foundation Primary, Bushy Hill Junior, Chilworth C of E Infant, Clandon C of E Infant, George Abbot, Holy Trinity Pewley Down, Merrow C of E Infant, Ripley C of E Primary, Sandfield Primary, Send C of E First, Shalford Infant, Shere C of E Infant, St Bede's C of E Junior, St Joseph's Catholic Primary, St Nicolas C of E Infant, St Peter's Catholic, St Thomas of Canterbury Catholic Primary.

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[www.eastguildfordconfederation.org.uk](http://www.eastguildfordconfederation.org.uk) [www.parenttime-counselling.co.uk](http://www.parenttime-counselling.co.uk)